

			Monday	Tuesday	Wednesday	Thursday	Friday				
			Choose one of these days to Celebrate School Lunch Hero Day					National Orange Day			
Week 1	Daily Require	Weekly Require	Both Lines	1 Main Menu	With Take-Out Option	2 Main Menu	With Take-Out Option	3 Main Menu	With Take-Out Option	4 Both Lines	
Meat/MA	1 M/MA (Min.)	9-10 M/MA	REVISED 4/20/18	NACHO SUPREME	Chicken Patty (2M/MA)	GUMBO	Meatball Sub (2M/MA)	Chicken (2 M/MA) FRIED	Hot Dog w/ OR w/out Chili BBQ DICED CHICKEN 2 M/MA	Hamburger OR Cheeseburger (2 M/A)	
Veg Option				Yogurt and Cheese Stick		Yogurt and Cheese Stick	HAM&CHEESE	Yogurt and Cheese Stick	(2M/MA)	Yogurt and Cheese Stick	
Fruit	1/2c	2 1/2cup		Pears and Frozen Fruit Cup or Sorbet (1/2c each)		Tropical Fruit and Grapes (1/2c each)		Applesauce can or cup and Honey Dew/Cantaloupe (1/2c each)			
Veggie (G)	3/4c	1/2c (min)		Green Leaf (1/2c = 1/4c)	Green Leaf (1/2c = 1/4c)	Carrots, raw (1/4c)	Green Leaf (1/2 C = 1/4) Marinara (1/4c)		Carrots, raw (1/4c)	GREEN PEAS 1/2 C	Green Leaf Lettuce (1/2c = 1/4c)
Veggie (R/O)	3/4c (min)	3/4c (min)		Salsa or Tomatoes, diced(1/4c)	Regular Fries (3/4c)	Potato Salad (1/2c)	Regular Fries (3/4c)		FRIES 3/4 C		Tomato Slices (1/4c)
Veg. (S)	1/2c	1/2c	Corn (1/2c)							FRIES 3/4 C	
Veg. (O)	1/2c	1/2c									
Legume (B)	1/2c	1/2c	REFRIED BEANS 2/3=1/2 CUP								
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G		Nacho Chips (2B/G) Cinnamon Breadsticks = (1B/G) Sour Cream and Jalapenos	BUN SM 2 BG	Bread Stick w/ (1B/G) Rice (1/2c = 1B)	Sub Roll (2B/G) PURCHASED BUN 2/2BG	Biscuit (2B) MASHED POTATOES 1/2C GRAVY	BUN SM 2BG HDOG BUN P 2BG	PURCHASED BUN 2/2BG	
Extras						Oatmeal Cookie (.5 B/G)	Oatmeal Cookie (.5 B/G)	CAKE	CAKE		
Week 2											
Week 2	Daily Require	Weekly Require	7 Both Lines	8 Main Menu	With Take-Out Option	9 Main Menu	With Take-Out Option	10 Main Menu	With Take-Out Option	11 Both Lines	
Meat/MA	1 M/MA (Min.)	9-10 M/MA	Chicken Tenderloin(1.25M/MA 1.25B)	Meat Sauce (2M/MA)	Chicken Patty (2M/MA)	QUESADILLA	Hot Dog w/ OR w/out Chili OR BBQ Pulled Pork	General Tso's Chicken (2M/MA) OR Mandarin Orange Chicken (2M/MA)	HAMBURGER CHEESE BURGER	WG Pizza (2M/MA)	
Veg Option			Yogurt and Cheese Stick	OR Ravioli (1M/MA) Yogurt and Cheese Stick	Yogurt and Cheese Stick	Yogurt and Cheese Stick	(2M/MA)	Yogurt and Cheese Stick		Yogurt and Cheese Stick	
Fruit	1/2c	2 1/2cup	Pineapple and Oranges (1/2c each)	Mixed fruit and Raisins/Flavored Raisins/Cranraisins (1/2c each)		CANTALOUPE AND PEACHES 1/2 CUP		Pears and Banana (1/2c each)		APPLE JUICE AND KIWI 1/2 C	
Veggie (G)	3/4c	1/2c (min)	Salad (1/2c= 1/4c)	MEATSAUCE 1/2 C	Green Leaf (1/2c = 1/4c)	Green Leaf Lettuce (1/2c = 1/4c)	Carrot, raw (1/4c)	Steamed Broccoli (1/2c)	Green Leaf (1/2c = 1/4c)	Salad (1/2 = 1/4 c)	
Veggie (R/O)	3/4c (min)	3/4c (min)	GREEN PEAS 1/2 C	Green Beans (1/2c)	Regular Fries (3/4c)	Salsa (1/4c)	FRIES 3/4 C	Carrots, raw (1/4c)	Carrots, raw OR Tomatoes (1/4c)	MARINARA SAUCE 1/4 C	
Veg. (S)	1/2c	1/2c	Potato Au gratin (3/4c)					Carrots, raw (1/4c)	Regular Fries (3/4c)	Corn (1/2c)	
Veg. (O)	1/2c	1/2c	BAKED POTATOES 1/2 CUP								
Legume (B)	1/2c	1/2c				Refried Beans (2/3c = 1/2c)					
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Roll (2 B/G)	French Bread (1 B/G) SPAGHETTI (1/2c =1B)	BUN PURCHASED 2 BG	TACO SHELL 2=1 BG Tortilla (1=1 B)	Bun, School Made (2B/G) HD BUN P 2 BG	Breadstick (1B/G) Rice (1/2c=1B)	Bun, School Made (2B/G)	PIZZA CRUST (2oz B/G)	
Extras				Parmesan cheese Choc Chip Cookie	Choc Chip Cookie	Sour Cream and Jalapenos					
Week 3											
National Chocolate Chip Cookie Day											
Week 3	Daily Require	Weekly Require	14 Both Lines	15 Main Menu	With Take-Out Option	16 Main Menu	With Take-Out Option	17 Main Menu	With Take-Out Option	18 Both Lines	
Meat/MA	1 M/MA (Min.)	9-10 M/MA	CHICKEN TENDERS	PORK PATTY GUMBO 1 C	PORK PATTY SANDWICH TUNA	BREEZY MAC 2M/MA	HOTDOG FISH SANWICH	GENERAL TSO	MEATBALL 2/2MA	HAMBURGER /CHEESE BURGERS	
Veg Option			YOGURT CHEESE			GENERAL TSO 1/2 C					
Fruit	1/2c	2 1/2cup	PINEAPPLE / PEACHES (1/2C EACH)	GIKIWI / SORBET 1/2 C		ORANGES / MIXED FRUIT 1/2C		BANANA / PEARS 1/2C			
Veggie (G)	3/4c	1/2c (min)	BROCCOLI 1/2 C	LETUCE 1/2C = 1/4C	LETUCE 1/2C = 1/4C	CARROT 1/4 C	GREENLEAF 1/4 C	STEAMED BROCCOLI 1/2 CUP		LETTUCE 12=1/4C	
Veggie (R/O)	3/4c (min)	3/4c (min)	MASHED POTATOES 1/2 C GRAVY	SWEET POTATO CASSEROLE 1/2C	TOMATOES 1/4C	GREEN BEANS 1/2C	TOMATO 1/4 C	MARINARA SAUCE 1/4C		TOMATOES 1/4C	
Veg. (S)	1/2c	1/2c	GREEN PEAS 1/2C		FRIES 3/4 C		FRIES 3/4 CUP	POTATO ROUNDS 3/4 CUP			
Veg. (O)	1/2c	1/2c									
Legume (B)	1/2c	1/2c		RED BEANS 2/3 =1/2							
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	ROLL 2B/BG	TEXAS TOAST 1 B/G RICE 1/2 C	BUN SM 2BG	ROLL 2 B/BG RICE 1/2 C PASTA 1/2C=1BG	BUN SM 2 BG HOT DOG BUN 2B/BG	TEXAS TOAST 1BBG RICE 1/2 C	SUB 2BG	POTATO ROUNDS 3/4 C BUN PURCHASED 2BBG	
Extras				chocolate chip cookie	chocolate chip cookie						
Week 4											
Week 4	Daily Require	Weekly Require	21 Both Lines	22 Main Menu	With Take-Out Option	23 Main Menu	With Take-Out Option	Main Menu	With Take-Out Option	Both Lines	
Meat/MA	1 M/MA (Min.)	9-10 m/ma	HOTDOG FISH SANDWICH PORK PATTY	NACHO SUPREME		CORNDOG		You can change your menu based on items left in inventory. Call if you need assistance.			
Veg Option											
Fruit	1/2c	2 1/2 cup	PINEAPPLE / FRESH FRUIT 1/2C EACH	APPLE JUICE / FRESH FRUIT 1/2C		Clean out cooler					
Veggie (G)	3/4c	1/2c (min)		SALAD 1/2=1/4C		Broccoli (1/2c)					
Veggie (R/O)	3/4c (min)	3/4c (min)	CARROTS 1/4C	SALSA 1/4		Carrots (1/2c)					
Veg. (S)	1/2c	1/2c	POTATO ROUNDS 3/4 C	CORN 1/2C							
Veg. (O)	1/2c	1/2c	BAKED BEANS 2/3 = 1/2 C								
Legume (B)	1/2c	1/2c									
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	BUNS 2B/BG	TORTILLA 2BBS		WG Comdog Wrap OR					
Extras						Choc Chip Cookie					