

BREAKFAST MENU CYCLE 2018-2019

Oct-18

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 4	Yogurt with Toast(1B/G,1M/MA) 1 Breakfast Parfait(1B/G,1/2C F,1M/MA) Oranges(1/2C) Juice(1/2C) Milk Choices(1C) 1565,1582,1592,1505,1507,15 *Cereal w/ Toast(2B/G)	Beignets(2B/G) 2 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2B/G) 3 Sausage Honeydew(1/2C) Juice(1/2C) Milk Choices(1C) *May offer grits as an Extra *Cereal w/ Toast(2B/G)	NATIONAL CINNAMON ROLL DAY 4 WG Cinnamon Roll(2B/G) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	5 FAIR DAY
WEEK 1	WG Pancakes(2B/G) 8 WG Waffles(2B/G) Oranges (1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2B/G) 9 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2B/G) 10 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WORLD EGG DAY 11 Eggs w/Toast(1 B/G,1.5M/MA) *May offer grits as an Extra Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	12 No Students
WEEK 2	WG Pizza(1.25B/G,1M/MA) 15 WG Fruit Pastry Frudel(2B/G) WG Snack Bun or Bites(2B/G) Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2B/G) 16 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2B/G) 17 Sausage Canteloupe(1/2C) Juice(1/2C) Milk Choices(1C) *May offer grits as an Extra *Cereal w/ Toast(2B/G)	WG Muffin(2B/G) 18 WG Ham/Cheese Wrap(1B/G,2M/MA) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WG Cinnamon Roll(2B/G) 19 Applesauce(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 3	WG Pancake/Sausage Stick(1.5B/G,1M/MA)2 WG IW French Toast Mini(2B/G) WG IW Pancakes Mini(2B/G) Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2B/G) 23 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2B/G) 24 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Breakfast Burrito (1B/G,1M/MA) 25 Eggs w/Toast(1B/G,1.5M/MA) *May offer grits as an Extra Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WG Cinnamon Roll(2B/G) 26 Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 4	NATIONAL OATMEAL DAY 29 Oatmeal w/Toast(2B/G) Yogurt with Toast(1B/G,1M/MA) Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2B/G) 30 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2B/G) 31 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) *May offer grits as an Extra *Cereal w/ Toast(2B/G)		

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu